



Section 1
Teaching Kids to Listen
and Follow Instructions

Step 1 • For the Parent	Step 1 • For the Child
Get close to the child	Learn to come when called
Principle: Close proximity increases the felt value level of instructions	
Step 2 • For the Parent	Step 2 • For the Child
Consider the timing	Always be ready to receive an instruction
Principle: Cooperation is fostered when instructions are given in the context of relationship	
Step 3 • For the Parent	Step 3 • For the Child
Give the instruction	The child answers
Principle: Word cues help clarify instructions for children	

Step 4 • For the Parent	Step 4 • For the Child
Wait expectantly	Do the job as if on a mission

Principle: Responsibility is the uncomfortable feeling of unfinished business

Step 5 • For the Child	Step 5 • For the Parent
Report back	Inspect and Release

Principle: Children learn what you expect by what you inspect

Principle: A release gives children freedom in their hearts

One thing I'm going to work on is...



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