

# Understanding the Heart and its Implications for Parenting

The Bible uses the word "heart" over 750 times. The following chart indicates different functions of the heart straight out of scripture. Using this chart consider the implications of a heart-based approach to parenting.

| Nine Functions of the Heart  | Theological Foundation | Implications for Parenting | Implications for Ministry |
|--|------------------------|----------------------------|---------------------------|
| <p><b>1 • The Heart is a Wrestling Place</b><br/>           Matthew 9:4,<br/>           Luke 2:19</p>  |                        |                            |                           |
| <p><b>2 • The Heart is the Place of Commitments and Determination</b><br/>           Matthew 22:37,<br/>           Acts 11:23,<br/>           Deuteronomy 32:46-47</p> |                        |                            |                           |
| <p><b>3 • The Heart is Where We Feel Close to Others</b><br/>           Acts 4:32,<br/>           1 Samuel 14:7,<br/>           Malachi 4:6</p>                        |                        |                            |                           |

For more information read the book: **Parenting is Heart Work** by Dr. Scott Turansky and Joanne Miller, RN, BSN.



| <b>Nine Functions of the Heart</b>   | <b>Theological Foundation</b> | <b>Implications for Parenting</b> | <b>Implications for Ministry</b> |
|--|-------------------------------|-----------------------------------|----------------------------------|
| <p><b>4 • The Heart is Where Emotions are Experienced</b><br/>           John 14:27, Leviticus 19:17, Nehemiah 2:2</p>       |                               |                                   |                                  |
| <p><b>5 • The Heart is Where Temptations and Desires Develop</b><br/>           Matthew 6:21, Psalm 37:4, 1 Kings 11:3-4</p> |                               |                                   |                                  |
| <p><b>6 • The Heart Experiences Guilt and Conviction of Sin</b><br/>           Acts 2:37, 1 Samuel 24:5, 2 Samuel 24:10</p>  |                               |                                   |                                  |

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76 Hopatcong Drive, Lawrenceville, NJ 08648 • Phone: (609) 771-8002 • Fax: (609) 771-8003  
 Email: [parent@biblicalparenting.org](mailto:parent@biblicalparenting.org) • Web site: [biblicalparenting.org](http://biblicalparenting.org)

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|--|-------------------------------|-----------------------------------|----------------------------------|
| <p><b>7 • The Heart Experiences Passion About Life</b><br/>           2 Chronicles 31:21,<br/>           Psalm 9:1, Psalm 119:10</p>                               |                               |                                   |                                  |
| <p><b>8 • The Heart Chooses Values to Hold and Convictions to Live By</b><br/>           Psalm 37:31,<br/>           Daniel 1:8,<br/>           Jeremiah 31:33</p> |                               |                                   |                                  |
| <p><b>9 • The Heart is Where We Connect with God</b><br/>           Romans 10:9-10,<br/>           Ephesians 3:17,<br/>           2 Corinthians 1:22</p>           |                               |                                   |                                  |

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