

Answers to Questions Attendees Ask About Resources

1 • Are these resources available through my local bookstore?

The books are available in bookstores but the store may need to order a particular title. The CDs, DVD kits, and children's curriculum are only available at seminars and through NCBP at www.biblicalparenting.org or by calling (609) 771-8002.

2 • Are the prices online the same as at the seminar?

Yes.

3 • What ages are these resources for?

The resources are for parents of children ages 2 through 18. The children's curriculum is for ages 3-12. The Parenting Shifts series is the only exception.

4 • Do you have anything for single parents or blended families?

All of these resources were created with single parents and blended families in mind. In particular, the book, *Say Goodbye to Whining, Complaining, and Bad Attitudes*, in *You and Your Kids*, has at least one illustration in each chapter about single or blended families. The concept of honor is particularly helpful for these families due to the complicated nature of relationships. We also have a section of our website specifically for single parents to deal with the unique struggles they face. You can find additional books there and many live workshops available on CD or as MP3 downloads.

5 • Are these resources appropriate to give to someone who is not a believer?

All the resources from the National Center for Biblical Parenting are biblically based, but sensitive to non-believers and appropriate for outreach. Of course, some may be offended by the mention of God or the Bible and in that case would be distracted by such terminology in the book. Many people who are not believers though see the value in the teaching and even are attracted to the deeper message that God is the one who designed the family.

6 • Which book would be the best place for me to start?

Each of the books approach parenting problems from different points of view. You can jump in just about anywhere and learn some important principles. Then go on to another book and so on.

7 • Is there any overlap in these materials?

Not much. However, the concept of a Break for heart change and a Positive Conclusion to end discipline times with impact are mentioned and described in different ways in the books *Parenting is Heart Work*, *Parenting is Heart Work Training Manual*, *Home Improvement*, and *Good and Angry*. This overlap is present due to the foundational nature of these concepts.

8 • Is there any overlap of material in the three video kits?

No. Each video kit presents solutions for parenting problems from different perspectives.

9 • Which video series would you start with?

One doesn't build on the other so you could start with either one first.

10 • What's the difference between the three video kits?

Parenting is Heart Work has eight sessions focused on teaching parents how to touch the hearts of their kids through the every day routines of family life. Dr. Turansky and Mrs. Miller give practical strategies for giving instructions, correcting children, helping children accept no as an answer, and addressing bad attitudes. This series helps parents understand how to move beyond a behavior modification approach to a heart-based approach. The *Heart Work Church Kit* contains 2 DVDs, a reproducible Leader's Guide, and a copy of the book *Parenting is Heart Work*. It costs \$199.95. The children's program entitled *The Treasure Hunters* can be purchased separately for \$24.95. This curriculum contains eight sessions and each one corresponds to one of the eight videos, complementing the parents' program.

Say Goodbye to Whining, Complaining, and Bad Attitudes, in You and Your Kids (Honor Church Kit) uses the biblical concept of honor to change family dynamics. Sibling conflict, teenagers, teasing, harshness, and anger are just a few of the topics addressed in thirteen sessions. In this series Dr. Turansky and Mrs. Miller teach parents how to develop honor in family life in very practical terms. *The Honor Church Kit* contains 2 DVDs, a reproducible Leader's Guide, a copy of the book, *Say Goodbye to Whining, Complaining, and Bad Attitudes, in You and Your Kids*, the complementary children's program, *Kids Honor Club*, and a manual about doing the series as an outreach to the community. The kit costs \$249.95.

Everyday Parents CAN Raise Extraordinary Kids offers eight live seminars on DVD designed to help parents integrate key success principles into family life. The teaching focuses on developing the conscience in kids and helping them become internally motivated, rather than waiting for external instructions and rewards. Four areas are addressed: Doing what's right, Dealing with Wrongs, Being Honest, and Caring about others. A reproducible Leaders Guide gives you handouts, questions for group discussion, and extra material about the conscience. In eight 35-minute sessions Turansky and Miller share 21 parenting strategies to bring about heart change in your kids. The cost is \$199.95. The *Hero Training Camp* children's curriculum is separate.

11 • Are these resources applicable for parents of babies and toddlers?

Yes, the material presented in these resources helps parents with young children to begin to train their kids in a way that moves them into healthy patterns as the kids grow older. Specific application is not made to babies and toddlers in these resources however. They are useful to prepare parents to develop a philosophy of discipline that addresses the heart as their children get older. There are books in the Parenting Shifts series that address parenting babies and toddlers.