

Character Quality Worksheet

Individual Strengths Often Provide Hidden Challenges

Strength

Good Qualities Misused

Affectionate	Flirtatious
Analytical	Picky, petty, critical
Compassionate	Easily angered, overly emotional, biased, lenient
Confident	Prideful, bossy, insensitive, always has to lead, overconfident
Eager to Please	Compromising, easily tempted, can't take a stand for right
Content	Unmotivated, apathetic, lazy
Courageous	Reckless, foolish, can't see consequences of actions
Creative	Deceptive, manipulative, mischievous, always has a better way
Decisive	Inflexible, domineering, impatient
Determined	Hard-headed, stubborn, obstinate, argues, badgers
Discerning	Judgmental, critical, fault-finding, jump to conclusions
Disciplined	Rigid, bossy, intolerant of change, inflexible, demanding
Efficient	Inflexible, demanding, must have things a certain way
Enthusiastic	Intense, insensitive, fanatical, extreme, thrill-seeker
Expressive	Talkative, wordy, dominating conversation, poor listener
Flexible	Messy, unorganized, indecisive
Forgiving	Lenient, unable to take a stand for right, people pleaser, weak
Frank	Lacks tact, unloving, not compassionate, insulting, insensitive
Friendly	People pleaser, compromising
Frugal	Stingy, selfish
Generous	Wasteful, gullible, lavish
Grateful	Manipulative, flatterer, butters people up
Honest	Blunt, brutal, shares too much, insensitive
Hospitable	Cliquish, butters people up
Humble	Self-effacing, shy, embarrassed, lacks initiative, lacks confidence
Independent	Uncooperative, rebellious, aloof
Loyal	Possessive, unable to stand for right, too easily influenced
Neat	Perfectionist, inflexible
Objective	Insensitive, uncaring, lacking enthusiasm
Optimistic	Unrealistic, naïve, foolish
Patient	Lenient, unwilling to confront
Persuasive	Manipulative, pushy, demanding
Punctual	Intolerant of lateness, impatient, critical
Resourceful	Proud, manipulative, getting around limits
Sensitive	Touchy, easily offended, moody
	Meticulous, indecisive, hesitant

