



NATIONAL CENTER  
for **BIBLICAL**  
*Parenting*  
Learn to parent  
your child's *Heart*

**LEADERSHIP INFOGRAPHIC PACK**





**Dr. Scott Turansky**



**Joanne Miller, RN, BSN**

The **National Center for Biblical Parenting** began in the 90s and, now, with over 400 trained coaches and 150 trained presenters, the message of a heart-based approach to parenting is impacting families and churches all over the world. Dr. Turansky and Mrs. Miller have written 15 books on parenting, created 5 video small group courses, and lead a team of teachers and coaches to help churches develop their Parent Discipleship Programs and teach parents how to work with the heart.

Dear friends,

Welcome! Please accept this packet of infographics to help you learn more about what a heart-based approach to parenting is all about. We'd love to help you develop the Parent Discipleship Program in your church. Give us a call or email [Scott@biblicalparenting.org](mailto:Scott@biblicalparenting.org).

Blessings,

Dr. Scott Turansky and Joanne Miller, RN, BSN



[www.biblicalparenting.org](http://www.biblicalparenting.org)  
[www.biblicalparenting.coach](http://www.biblicalparenting.coach)  
[www.biblicalparentinguniversity.com](http://www.biblicalparentinguniversity.com)

# Biblical Parenting Works

## 3 Foundational Principles

1. Parents are the primary and best counselors for their children if they have a good plan.  
– **Deuteronomy 11:19**
2. Working on the heart is much more effective than a reward/punishment approach.  
– **Malachi 4:6**
3. Training propels change faster and further than relying solely on correction.  
– **Proverbs 22:6**

## 4 Techniques

1. The Instruction Routine builds internal obligation.  
– **Ephesians 6:1**
2. The Break is the first step of repentance.  
– **Jeremiah 8:6**
3. The Positive Conclusion points the way.  
– **Proverbs 9:6**
4. The T-Chart empowers the child with a plan.  
– **Psalms 25:4-5**

## 7 Tools for Change

1. Relationship opens the heart.  
– **Deuteronomy 6:6-9**
2. Firmness builds character.  
– **Romans 5:3-4**
3. Visioning provides hope.  
– **Jeremiah 29:11**
4. Teaching shows how.  
– **Proverbs 1:8**
5. Prayer connects with God's power.  
– **2 Corinthians 12:9**
6. Coaching provides direction.  
– **John 16:13**
7. Transferring Responsibility gives ownership.  
– **John 5:6**

## 3 Causes for Behavioral Challenges

1. Biological (ADHD, Bipolar Disorder, Autism, SPD, being tired, or hungry, etc.)  
– **1 Kings 19:1-8**
2. Reactive (PTSD, RAD, ODD, arguing when parent says no, etc.)  
– **Ephesians 5:16**
3. Spiritual (Identity, beliefs, self-concept, etc.)  
– **2 Corinthians 5:17**

## 3 Wild Cards

1. Honor addresses selfishness.  
– **Romans 12:10**
2. Sibling conflict is a child's first class in relationship school.  
– **Philippians 2:3-4**
3. Lying is a sign of a weak conscience.  
– **Romans 9:1**

## Why Biblical Parenting Works

1. It's rooted in biblical truth.  
– **Psalms 119:11**
2. It's practical.  
– **James 1:22**
3. It's intentional, focused on a goal.  
– **1 Timothy 6:11**
4. It's centered on the heart.  
– **1 Samuel 16:7**
5. It's building life skills for the future.  
– **2 Timothy 3:16-17**
6. It's individualized and personal.  
– **Psalms 139:13-16**
7. It's about strategy, not just technique.  
– **Jeremiah 29:11**
8. It addresses tendencies and patterns.  
– **Luke 6:45**

# Every Parent Would Benefit from a Biblical Parenting Coach

We Train Coaches  
Our Coaches Help Parents

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The Biblical Parenting Coaching Program is an 8-week online program under the leadership of Dr. Scott Turansky. Using the proven strategies of the National Center for Biblical Parenting, this program helps parents change ANY child with ANY problem at ANY age. EVERY child is unique. EVERY parent is different. And EVERY family has particular needs. This program is powerful and trains coaches to meet those challenges.

Learn more at [biblicalparenting.org/coach](http://biblicalparenting.org/coach)

*At the end of our coaching experience the parent told me, "My son says he wants me to keep getting coaching because we need it!"*  
- Coach Tim

*I feel like we've been rescued from a pit of despair.*  
- Mom of a child with ADHD

*I could cry at how much this has changed my life. This is the most influential program I have ever done.*  
- Mom from Canada who worked with one of our coaches

**Become a Coach**

**Find a Coach**



# Develop the Family Ministry in Your Church by Connecting with Parents

Churches have a biblical mandate to disciple people, including children. Inviting parents into that process helps them catch a vision for discipleship and teaches them how to do it.

**Matthew 19:14**  
**Matthew 28:19-20**

**Involve  
Parents in  
Existing Children  
and Youth  
Programs**

**Train and  
Disciple Parents  
to Increase Their  
Parenting  
Effectiveness**

Families need guidance and instruction to understand how to accomplish the most in family life. Parents need tools and kids need to understand what expectations God has for them.

**Ephesians 6:1-4**

**Four  
Components  
of Family  
Ministry**

Children learn and grow as they watch and participate in the spiritual life with parents, grandparents, and older believers.

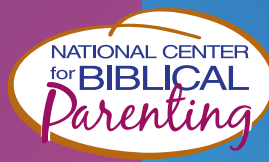
**Titus 2:3-8**  
**Hebrews 10:24-25**

**Provide  
Intergenerational  
Opportunities to  
Learn, Worship,  
and Serve  
Together**

**Equip  
Parents  
to be Spiritual  
Trainers in Their  
Own Homes**

God has appointed parents to be the primary spiritual trainers of their kids, but they often need tools and training to know how to maximize prayer, Bible study, and spiritual interaction with their kids.

**Deuteronomy 6:6-9**





Parent Ministry can look different in each church because of the uniqueness of the congregation, but all parent ministry contains a few common characteristics. The National Center for Biblical Parenting can equip your church to be a Parent Training Center. To learn more, please visit [www.biblicalparenting.org/ptc](http://www.biblicalparenting.org/ptc).

### **WE DISCIPLE PARENTS**

**1**

The church views the discipleship mandate to be more than helping individuals be stronger Christ followers to the extent that people are being equipped in their roles and relationships in family life.

### **OUR LEADERS VALUE PARENT MINISTRY**

**2**

Leadership views parent training as a church wide discipleship goal not merely an adjunct of the children's ministry.

### **WE HAVE A PARENTING RESOURCE PERSON**

**3**

A person is identified in the church who is the stimulus for parent care.

## **7 Characteristics of a Church as a Parent Training Center**

### **4 WE OFFER SEVERAL METHODS OF SUPPORT**

A multi-faceted approach to parent support and training is available through the church using several vehicles such as online support groups, parent training meetings, family nights, resource of the month, live seminars, and/or one-on-one family mentoring.

### **5 PARENTS ARE OFFERED MULTIPLE ONRAMPS**

Parents are aware of the onramps to the parent training programs including prayer support, resources, and mentoring opportunities.

### **6 WE USE PARENT TRAINING AS AN OUTREACH TO THE COMMUNITY**

Parents outside the church learn about the parent training resources available (i.e. court mandated parent education, foster and adoptive parent education, and help for traditional and non-traditional families).

### **7 WE USE A BIBLICAL APPROACH**

Various topics are addressed throughout the church programs including child development, parenting techniques, with the Bible applied to family life.





# A Suggested Road Map for Developing the Parenting Ministry in Your Church

One of the most strategic ways to disciple children is by building into their parents. The process is often challenging, taking place one step at a time. With patience and perseverance, however, you can make a lasting impact on families in your church. Here are some steps that will guide you forward and maximize your parenting ministry.



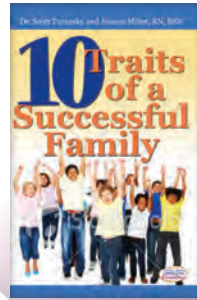
Learn more about these and many more resources from the National Center for Biblical Parenting at [biblicalparenting.org](http://biblicalparenting.org).

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# Develop Your Family One Piece at a Time



Evaluating your family as a whole and strengthening the family unit.

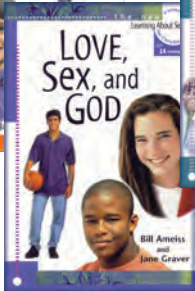
Developing a toolbox of heart-based strategies to maximize growth in your child.



Books for Each Developmental Stage



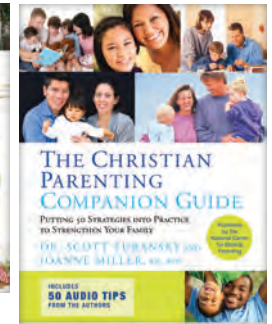
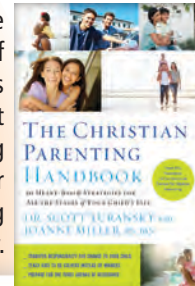
Preparing children for healthy boy/girl relationships and moral purity.



**3**  
Strengthening the Family as a Unit

**1**  
Reaching the Heart

Understanding the uniqueness of your child's development and tailoring your parenting accordingly.



**7**  
Learning About Sex

**2**  
Developing a Plan

Harnessing the power of spiritual interaction within the family by energizing your devotions.



Strengthening relationships in family life by developing honor.

**6**  
Developing Honor

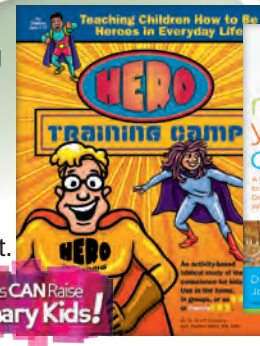
**5**  
Managing Emotions

Identifying specific strategies to manage anger and other emotions in family members.

Emphasizing internal motivation through spiritual and moral development.



Learn more about these and many more resources from the National Center for Biblical Parenting at [biblicalparenting.org](http://biblicalparenting.org)



Everyday Parents CAN Raise Extraordinary Kids!

