

Welcome to the

NATIONAL CENTER
for **BIBLICAL**
Parenting



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Parenting

Learn to parent
your child's *Heart*

LEADERSHIP INFOGRAPHIC PACK

#1

Jesus' Discipleship Mandate

The Discipleship Mandate in Matthew 28:19-20 includes helping people apply the scriptures to their roles and relationships in family life.

#2

Parents are Commissioned

Both Deuteronomy 6:6-9 and Ephesians 6:1-4 articulate the reality that parents are the primary trainers of their children. They often need to learn how to do it.

#3

The Heart is Crucial

God is interested in the hearts of children so parents need heart-based strategies to train them. Most parents want to reach the hearts of their kids, they just need to learn how to do it.



Parent Ministry can look different in each church because of the uniqueness of the congregation, but all parent ministry contains a few common characteristics. The National Center for Biblical Parenting can equip your church to be a Parent Training Center.

WE DISCIPLE PARENTS **1**

The church views the discipleship mandate to be more than helping individuals be stronger Christ followers to the extent that people are being equipped in their roles and relationships in family life.

OUR LEADERS VALUE PARENT MINISTRY **2**

Leadership views parent training as a church wide discipleship goal not merely an adjunct of the children's ministry.

WE HAVE A PARENTING RESOURCE PERSON **3**

A person is identified in the church who is the stimulus for parent care.

7 Characteristics of a Church as a Parent Training Center

4 WE OFFER SEVERAL METHODS OF SUPPORT

A multi-faceted approach to parent support and training is available through the church using several vehicles such as online support groups, parent training meetings, family nights, resource of the month, live seminars, and/or one-on-one family mentoring.

5 PARENTS ARE OFFERED MULTIPLE ONRAMPS

Parents are aware of the onramps to the parent training programs including prayer support, resources, and mentoring opportunities.

6 WE USE PARENT TRAINING AS AN OUTREACH TO THE COMMUNITY

Parents outside the church learn about the parent training resources available (i.e. court mandated parent education, foster and adoptive parent education, and help for traditional and non-traditional families).

7 WE USE A BIBLICAL APPROACH

Various topics are addressed throughout the church programs including child development, parenting techniques, with the Bible applied to family life.

To Learn More About the **Parent Training Center Program** visit www.biblicalparenting.org/ptc

Develop the Family Ministry in Your Church by Connecting with Parents

Churches have a biblical mandate to disciple people, including children. Inviting parents into that process helps them catch a vision for discipleship and teaches them how to do it.

Matthew 19:14
Matthew 28:19-20

Involve Parents in Existing Children and Youth Programs

Train and Disciple Parents to Increase Their Parenting Effectiveness

Families need guidance and instruction to understand how to accomplish the most in family life. Parents need tools and kids need to understand what expectations God has for them.

Ephesians 6:1-4

Four Components of Family Ministry

Children learn and grow as they watch and participate in the spiritual life with parents, grandparents, and older believers.

Titus 2:3-8
Hebrews 10:24-25

Provide Intergenerational Opportunities to Learn, Worship, and Serve Together

Equip Parents to be Spiritual Trainers in Their Own Homes

God has appointed parents to be the primary spiritual trainers of their kids, but they often need tools and training to know how to maximize prayer, Bible study, and spiritual interaction with their kids.

Deuteronomy 6:6-9



The National Center for Biblical Parenting has tools and resources to support churches as they develop their parenting ministries in all four of these areas.

You may reach us at parent@biblicalparenting.org or visit us at biblicalparenting.org.

1. Choose a Parent Resource Person

In the same way that a PTA functions for a school, you want help to address parents. Finding a key person to come along side you, but who remains under the authority of the church leadership, will maximize your effectiveness. You might have this person register as a Parent Resource Person with the National Center for Biblical Parenting to start receiving input and information about how to proceed. [Click here to sign up.](#)

2. Build a Parent Resource Team

These are people who will support the Parent Resource Person to help plan and organize various events and initiatives for parents. It's best to identify these people specifically as your team. They will be on the lookout for good ideas for discipling parents.

3. Identify Interested Parents

Start a list or data base of parents that might be interested in the discipleship ideas you have to offer. Identify those that are highly committed and want training and events, those that are prospects who could be trained, and those who have expressed interest from the community and need further follow up. You might even specify parents by the age of their kids or those with special needs, although most families overlap those types of groups. Each of these groups of people will receive different communication at times based on their interest and needs.

4. Establish Communication Tools

Determine with your Parent Resource Team the most effective tools for communicating to interested parents the ideas you have to offer. (i.e. bulletin inserts, email list, Facebook group)

Email Tips

Create an email list and pass on email parenting tips regularly. [You can sign up for free email parenting tips from the National Center for Biblical Parenting here.](#)

Small Group

Run a small group, 3-8 weeks, on parenting. [You can obtain parent training video curriculum from the National Center for Biblical Parenting here.](#)

Preaching

Preach a series on parenting and family or run the Family Challenge 90 Day Adventure. [Learn more here.](#)

Family Nights

Organize a monthly Family Night where parents are trained while children are learning things that complement what the parents are learning. The National Center for Biblical Parenting has a Family VBS program that can take place once a month for 8 months. [Learn more here.](#)

Mentoring

Provide a one on one mentoring program for parents. [Learn more here.](#)

Devotions Training

Train parents to do fun devotions with their kids. The National Center for Biblical Parenting offers resources that help parents excite their kids about devotions. [Learn more here.](#)

A Live Seminar

Host a live parenting seminar at your church. This will provide extra energy that can start or ignite excitement in the parent ministry of your church. [Learn more here.](#)

Book Reviews

Review or recommend a parenting book. [You might find some good ideas from the National Center for Biblical Parenting here.](#)

Biblical Parenting University

Encourage Biblical Parenting University for individual parent development, small group interaction, and teacher training. [Learn more here.](#)

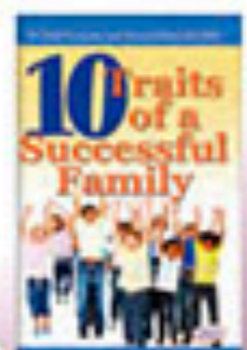
Family Event

Plan a Family event or activity. The best events or activities that will contribute to your mission as a Parent Training Center are those that provide opportunities for parents to discuss ideas and challenges. However, even having families working together on a service project or playing games together allows parents to watch other Christian parents and learn from healthy modeling.

Prayer Team

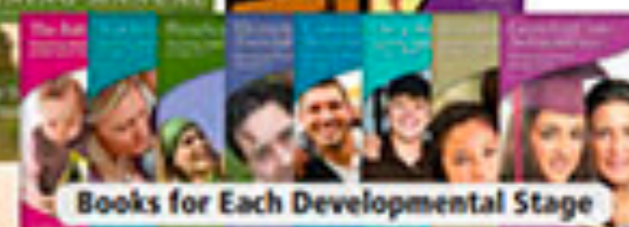
Start a Prayer Team. Parents need prayer and so do their kids. It might be helpful to provide a vehicle like a closed Facebook group or an email to a grandparent prayer team to continually lift up specific prayer requests to the Lord.

Develop Your Family One Piece at a Time



Evaluating your family as a whole and strengthening the family unit.

Developing a toolbox of heart-based strategies to maximize growth in your child.



Preparing children for healthy boy/girl relationships and moral purity.

Understanding the uniqueness of your child's development and tailoring your parenting accordingly.



Strengthening relationships in family life by developing honor.



Harnessing the power of spiritual interaction within the family by energizing your devotions.



Learn more about these and many more resources from the National Center for Biblical Parenting at biblicalparenting.org



Identifying specific strategies to manage anger and other emotions in family members.

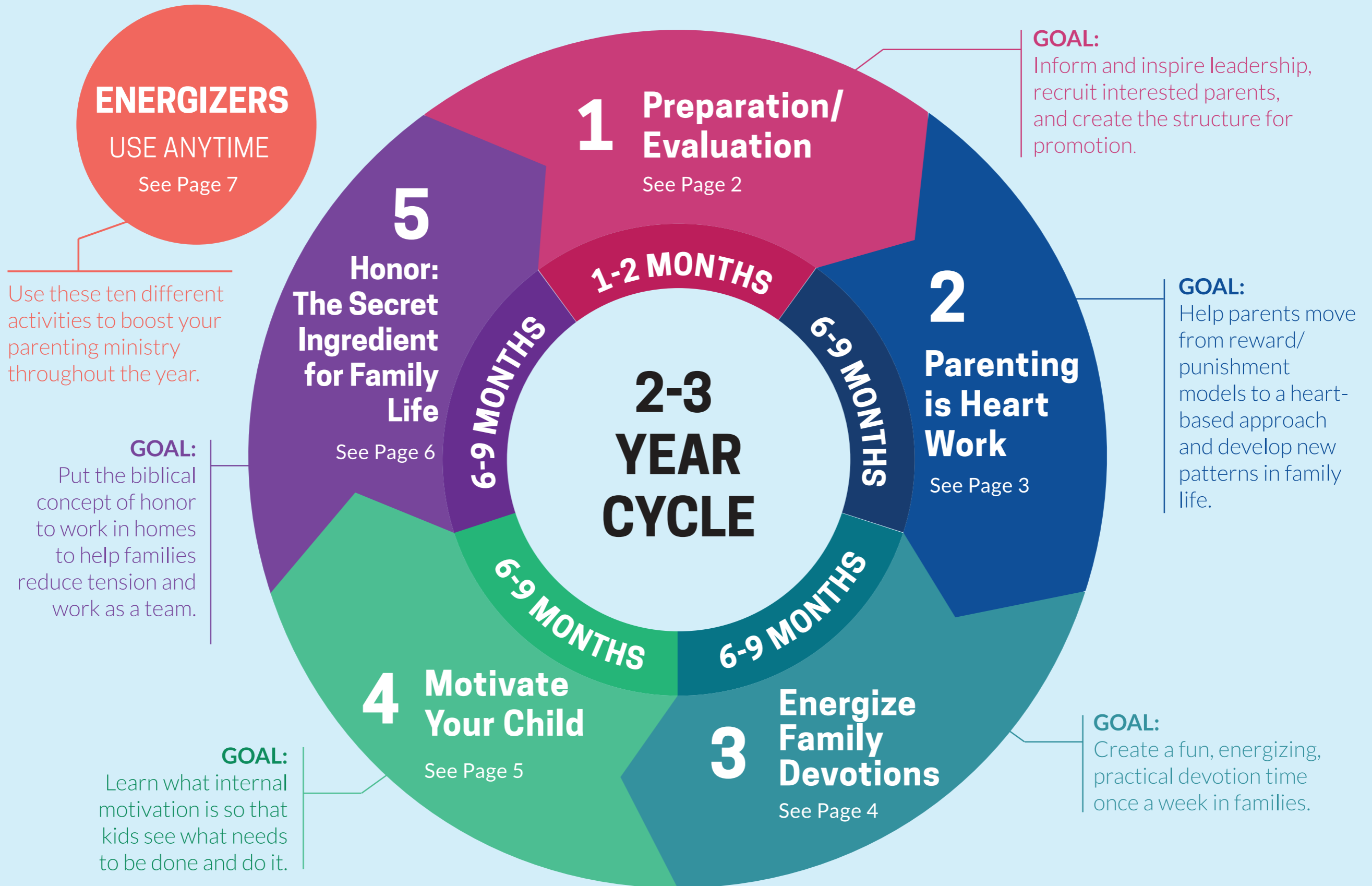
Emphasizing internal motivation through spiritual and moral development.



Everyday Parents CAN raise Extraordinary Kids!



A STRATEGIC PLAN FOR PARENT DISCIPLESHIP PARTNERING WITH THE NATIONAL CENTER FOR BIBLICAL PARENTING





A Suggested Road Map for Developing the Parenting Ministry in Your Church

One of the most strategic ways to disciple children is by building into their parents. The process is often challenging, taking place one step at a time. With patience and perseverance, however, you can make a lasting impact on families in your church. Here are some steps that will guide you forward and maximize your parenting ministry.



Learn more about these and many more resources from the National Center for Biblical Parenting at biblicalparenting.org.

76 Hopatcong Drive, Lawrenceville, NJ 08648-4136 • Phone: (609) 771-8002 • Email: parent@biblicalparenting.org



Choose and set up communication vehicles to recruit, communicate vision, and inform parents of opportunities to learn, find support, and grow. (ie. Email list, bulletin board, website, information table, bulletin inserts, up-front announcements)

4

Recruit interested parents. Provide a way for them to sign up, get on a list, or express their interest in parenting ideas and strategies.

1

Obtain the 38-page first section of Parenting is Heart Work from scott@biblicallparenting.org And encourage as many leaders to read it as possible.

2

Use the handouts and other tools here to talk about and build vision in your church for Parent Discipleship Ministry biblicallparenting.org/d6

Set up a Parent Discipleship Prayer team (even if it's only two people) to allow God to speak and direct your efforts.

5

LAUNCH

After evaluating, implement your plan of action.



EVALUATION/ PREPARATION STAGE

Time Frame: 1-2 Months

GOAL:

To inform and inspire leadership, recruit interested parents, and create the structures for communicating the program.

PARENTING IS HEART WORK

Time Frame: 6-9 Months

GOALS

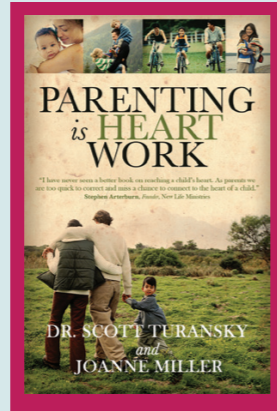
To help parents move from reward/punishment models to a heart-based approach and to develop new patterns in family life.

PURPOSE

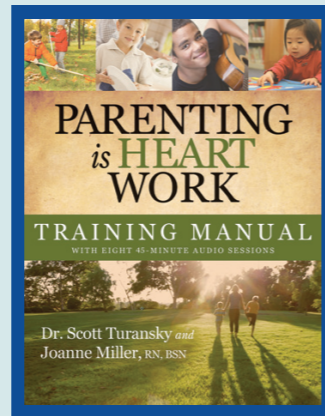
Parents must get two things going well in family life:

- 1) Getting things done without tension and resistance, and
- 2) Getting kids back on track when necessary. Parents need techniques and strategies that express a biblical approach to parenting.

TOOLS



Parenting is Heart Work Book



Heart Work Training Manual with 8 Audio Sessions



Heart Work Video Church Kit



Treasure Hunters Children's Program

ACTION POINTS

Eight lessons that help parents build life skills in children using basic routines in family life. A practical, biblical approach.

1 Teaching Kids to Listen and Follow Instructions

2 Move from Reward/Punishment to a Heart Approach

3 A Correction Tool that Focuses on Heart Change

4 7 Categories of Consequences to Motivate Change

5 Ending Every Discipline Time with a Positive Conclusion

6 Teaching Kids to Accept No as an Answer

7 Addressing Bad Attitudes by Focusing on the Heart

8 Opening the Heart by Balancing Firmness and Relationship

ENERGIZE FAMILY DEVOTIONS

Time Frame: 6-9 Months

GOAL To create a fun, energizing, practical devotion time once a week in family life.

ACTION POINTS:

Help parents understand and develop family devotions.

Provide every parent with the free download book
The Family Challenge from here:
takefamilychallenge.com

As a leader read the second half of Motivate Your Child
and recommend it to parents.

Set up a book table to provide parents with
the Family Time Activities books.

Plan a parent gathering to show how Family Time works
and send parents home with instructions to do their
own Family Time.

Encourage parents to do fun devotions at home.

Have parents share testimonies of meaningful
devotion experiences.

Demonstrate in church with kids what a Family Time
can look like.



PURPOSE

Although the church is a great support, the primary spiritual trainers of children are parents. Parents need a refreshing approach and a mandate.

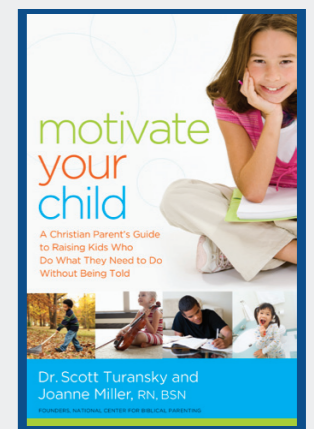
TOOLS



6 Family Time Activities Books



Take the Family Challenge Book

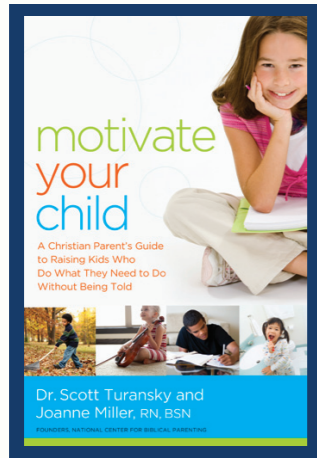


Motivate Your Child Book

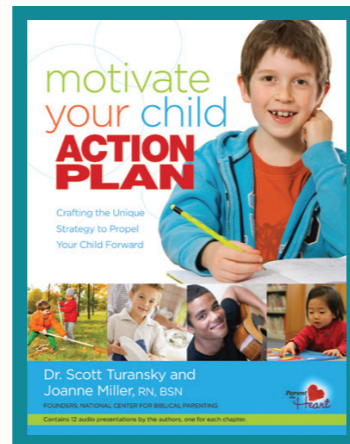
MOTIVATE YOUR CHILD

Time Frame: 6-9 Months

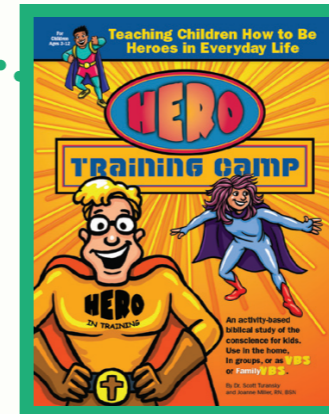
GOAL To help parents know how to get their kids to do what's right without being told.



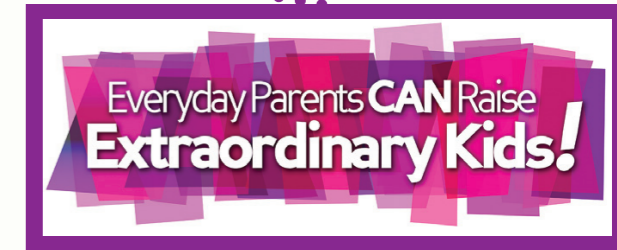
Motivate Your Child Book



Motivate Your Child Action Plan



Hero Training Camp Children's Program



Everyday Parents CAN Raise Extraordinary Kids Video Series

ACTION POINTS:

Parents will learn to do the following things:



1 Understand a Heart-Based Approach to Parenting

2 Parent with the Conscience in Mind

3 How to Build Convictions and Change What Kids Believe

4 How to Use a Strong Conscience to Build Initiative

5 Teach Children How to Process Correction Well

6 Build Integrity to Overcome Dishonesty

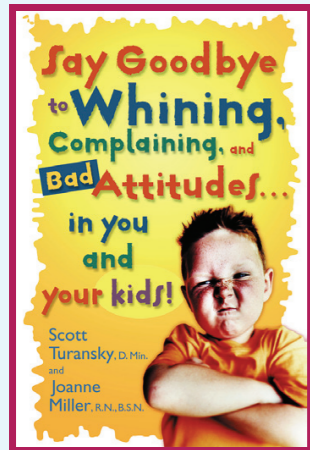
7 Help Kids Develop a Clear Conscience

8 Develop a Plan for Change in 30 Days

HONOR: THE SECRET INGREDIENT FOR FAMILY LIFE

Time Frame: 6-9 Months

GOAL To provide parents with an understanding of honor and how to use it in family life to offset any form of selfishness.



1 Say Goodbye to Whining, Complaining, and Bad Attitudes in You and Your Kids - Book



2 Kids Honor Club Children's Program



3 Honor Video Church Kit

- 1** Teach Kids to Add Energy to Family Life
- 2** Address Whining and Complaining Head On
- 3** Be Firm Without Being Harsh
- 4** A Plan for Anger in Kids
- 5** When Kids Want to Be First or Best
- 6** How to Address Foolishness and Meanness
- 7** Use Honor Specifically with Teens
- 8** Develop a Team Attitude in Your Home

TOOLS

ACTION POINTS:

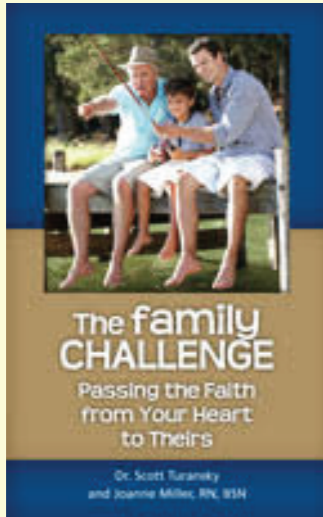
Parents will learn to do the following things:

ENERGIZERS

GOAL

Use these Energizers at any time during your parent discipleship program to help parents get on board and stay the course.

TOOLS

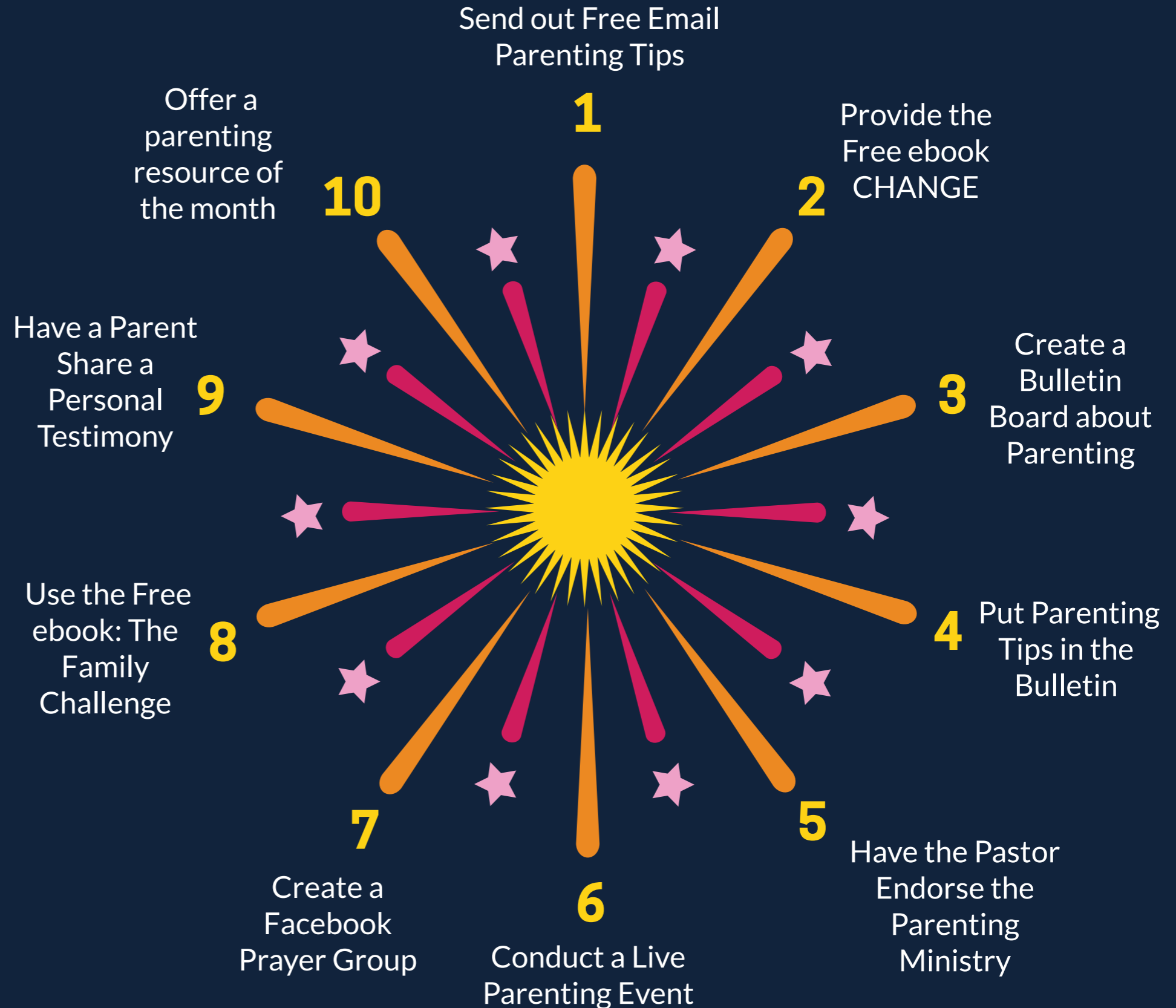


Take the Family Challenge



CHANGE

ACTION STEPS:



Every church needs a Biblical Parenting Coach. Consider having someone in your church become trained in the Biblical Parenting Coaching Program.

Become a Biblical Parenting Coach

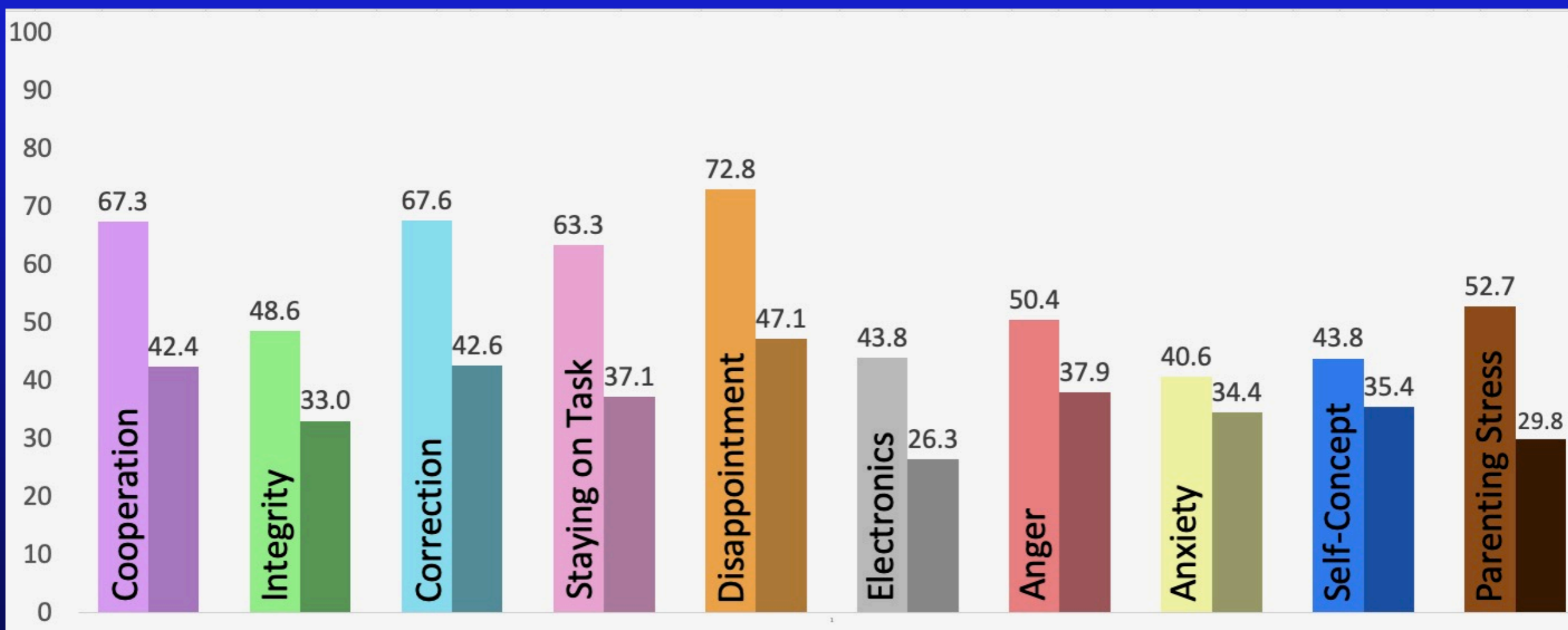
We'll train you.

Learn more.

An 8-week Apprenticeship Program with Dr. Scott Turansky



Before and After the 8-Week Coaching Program (All clients as of January 2023)



Child Behavior Inventory 2.2

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