



# Child Behavior Inventory 2.2

**FOR CHILDREN AGES 3 – 18**

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The following is a self-assessment tool that will help you, as a parent or caregiver, get a clearer picture of your child's strengths and challenges. It will give you greater understanding of what work needs to be done now to build important life-skills.

Behavior issues are best addressed with deeper solutions. Jesus refers to that deepest place as the heart. You might say, "Yes, but it's their behavior that gets them into trouble." That is true, but the best way to change behavior is by changing patterns in the heart.

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For more heart-based tools and solutions visit  
[biblicalparenting.org](http://biblicalparenting.org) and [biblicalparenting.coach](http://biblicalparenting.coach)



## CBI 2.2: Questions

Today's Date:	
Your Name:	Your Gender:
Child's Name:	Child's Gender:
Your relationship with child:	Child's Age:

This is a self-assessment tool you can fill out, score, and analyze. The entire process should about 30 minutes. It's helpful to have two parents complete this assessment independently then discuss it. The results can be used to develop specific solutions for your child in his/her areas of challenges. At the end, you'll be guided to helpful tips and further resources.

**INSTRUCTIONS:** Use this scale to rate how much each statement describes your child.

1	Strongly Disagree
2	Disagree
3	Somewhat Disagree
4	Somewhat Agree
5	Agree
6	Strongly Agree

1. My child initially responds negatively when asked to do a task.	1	2	3	4	5	6
2. My child steals.	1	2	3	4	5	6
3. My child gets angry with self when corrected.	1	2	3	4	5	6
4. My child is impulsive.	1	2	3	4	5	6
5. My child has a hard time accepting no as an answer.	1	2	3	4	5	6
6. My child is obsessed with electronic devices.	1	2	3	4	5	6
7. My child has intense anger episodes	1	2	3	4	5	6
8. My child has a hard time separating when a parent/ caregiver leaves.	1	2	3	4	5	6
9. My child has a very negative view of himself/herself.	1	2	3	4	5	6
10. My child delays when asked to do a task.	1	2	3	4	5	6
11. My child lies.	1	2	3	4	5	6
12. My child gets angry with others when corrected.	1	2	3	4	5	6
13. My child has a hard time with self-control.	1	2	3	4	5	6



14. My child has strong emotional reactions when he/she does not get his/her own way.	1	2	3	4	5	6
15. My child is demanding about using electronic devices.	1	2	3	4	5	6
16. My child yells when angry.	1	2	3	4	5	6
17. My child is shy.	1	2	3	4	5	6
18. My child thinks that circumstances will never improve no matter how hard he/she tries.	1	2	3	4	5	6
19. My child lacks self-initiative to do tasks.	1	2	3	4	5	6
20. My child tries to get around limits.	1	2	3	4	5	6
21. My child blames others instead of taking responsibility for his/her actions.	1	2	3	4	5	6
22. My child is overly active.	1	2	3	4	5	6
23. My child is demanding.	1	2	3	4	5	6
24. My child is controlling about using electronic devices.	1	2	3	4	5	6
25. My child says mean things when angry.	1	2	3	4	5	6
26. My child has trouble sleeping.	1	2	3	4	5	6
27. My child thinks he/she is always the victim.	1	2	3	4	5	6
28. My child avoids work.	1	2	3	4	5	6
29. My child tries to hide mistakes.	1	2	3	4	5	6
30. My child argues when corrected.	1	2	3	4	5	6
31. My child is easily distracted.	1	2	3	4	5	6
32. My child is self-centered.	1	2	3	4	5	6
33. My child's anger increases the more he/she uses electronic devices.	1	2	3	4	5	6
34. My child is easily frustrated.	1	2	3	4	5	6
35. My child worries that bad things will happen.	1	2	3	4	5	6
36. My child bullies others.	1	2	3	4	5	6
37. My child does the bare minimum to get by.	1	2	3	4	5	6
38. My child tries to hide offenses.	1	2	3	4	5	6



39. My child doesn't change no matter how many times I correct him/her.	1	2	3	4	5	6
40. My child has a hard time focusing on a task.	1	2	3	4	5	6
41. My child often wishes others would just give him/her what he/she wants.	1	2	3	4	5	6
42. My child's anxiety increases the more he/she uses electronic devices.	1	2	3	4	5	6
43. My child's anger impedes his/her ability to think clearly.	1	2	3	4	5	6
44. My child goes to great lengths to avoid anxiety provoking situations.	1	2	3	4	5	6
45. My child lacks confidence.	1	2	3	4	5	6
46. My child shows a bad attitude when given a task	1	2	3	4	5	6
47. My child intentionally misrepresents the truth to get his/her own way.	1	2	3	4	5	6
48. My child has a hard time admitting when he/she has done something wrong.	1	2	3	4	5	6
49. My child often interrupts.	1	2	3	4	5	6
50. My child has a hard time with being interrupted.	1	2	3	4	5	6
51. My child has a problem separating from electronic devices.	1	2	3	4	5	6
52. My child often complains, "That's not fair."	1	2	3	4	5	6
53. My child engages in obsessive-compulsive behaviors.	1	2	3	4	5	6
54. My child is self-focused.	1	2	3	4	5	6
55. My child resists following instructions.	1	2	3	4	5	6
56. My child exaggerates the facts.	1	2	3	4	5	6
57. My child has a hard time apologizing.	1	2	3	4	5	6
58. My child is insensitive to others.	1	2	3	4	5	6
59. My child has a hard time dealing with unexpected changes.	1	2	3	4	5	6
60. My child chooses electronic devices over participating in family life.	1	2	3	4	5	6
61. My child's anger gets in the way of his/her daily functioning.	1	2	3	4	5	6
62. My child frequently experiences body pains. (e.g. headaches, stomachaches, nausea, breathing difficulties, pounding heart, chills, etc.)	1	2	3	4	5	6
63. My child blames others for his/her problems.	1	2	3	4	5	6
64. My child doesn't complete tasks given.	1	2	3	4	5	6



65. My child tries to get away with doing things they know they should not be doing.	1	2	3	4	5	6
66. My child justifies his/her wrong behavior.	1	2	3	4	5	6
67. My child has difficulty waiting.	1	2	3	4	5	6
68. My child is inflexible.	1	2	3	4	5	6
69. My child spends too much time on electronic devices.	1	2	3	4	5	6
70. My child takes a long time to calm down after an anger episode.	1	2	3	4	5	6
71. My child is afraid for seemingly no reason at all.	1	2	3	4	5	6
72. My child often compares himself/herself to others.	1	2	3	4	5	6
73. My child has trouble taking turns.	1	2	3	4	5	6
74. My child chooses to use electronic devices over other wholesome activities.	1	2	3	4	5	6
75. My child is destructive when angry.	1	2	3	4	5	6
76. My child is anxious.	1	2	3	4	5	6
77. My child beats himself/herself up when he/she fails.	1	2	3	4	5	6
78. My child talks too loudly even when it's not required.	1	2	3	4	5	6
79. My child neglects his responsibilities because of electronic devices.	1	2	3	4	5	6
80. My child becomes physically aggressive when angry.	1	2	3	4	5	6
81. My child worries about things that have already happened.	1	2	3	4	5	6
82. My child views himself/herself as ugly.	1	2	3	4	5	6
83. When speaking to my child, I'm not sure if he/she is listening.	1	2	3	4	5	6
84. My child's typical reaction to disappointment is anger.	1	2	3	4	5	6
85. My child believes that his/her value is dependent on his/her performance.	1	2	3	4	5	6
86. My child spends a lot of time daydreaming.	1	2	3	4	5	6
87. My child has frequent anger episodes.	1	2	3	4	5	6
88. My child feels unloved.	1	2	3	4	5	6
89. My child is overly concerned about what others think of him/her.	1	2	3	4	5	6
90. My child's anger is negatively affecting others in the family.	1	2	3	4	5	6



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For the next set of questions, use their corresponding scales.

91. When my child acts out, I \_\_\_\_
1. know exactly what to do.
  2. have a good idea of what to do.
  3. have some ideas of what to do.
  4. have little idea of what to do.
  5. have poor ideas of what to do.
  6. have absolutely no idea what to do.

95. When faced with challenges with my child, I yell \_\_\_\_
1. I never yell
  2. a little
  3. some of the time
  4. about half the time
  5. most of the time
  6. all the time

92. In handling the challenges in my home, I feel \_\_\_\_
1. very confident
  2. confident
  3. somewhat confident
  4. somewhat uncertain
  5. uncertain
  6. very uncertain

96. When faced with challenges with my child, I threaten \_\_\_\_
1. I never threaten
  2. a little
  3. some of the time
  4. about half the time
  5. most of the time
  6. all the time

93. The challenges I face in parenting my child are \_\_\_\_
1. absolutely manageable
  2. manageable
  3. somewhat manageable
  4. somewhat overwhelming
  5. overwhelming
  6. absolutely overwhelming

97. When faced with challenges with my child, I rely on rewards \_\_\_\_
1. never rely on rewards
  2. a little
  3. some of the time
  4. about half the time
  5. most of the time
  6. all the time

94. The overall tension in my home is \_\_\_\_
1. very low
  2. low
  3. somewhat low
  4. somewhat high
  5. high
  6. very high

98. When I don't know what else to do, I give in to my child's demands.
1. Never
  2. A little
  3. Some of the time
  4. About half the time
  5. Most of the time
  6. All the time

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Check that you have given every question a score.



## CBI 2.2: Scoring

Follow the instructions to obtain scores for the 10 areas assessed by the CBI.

Scores from:

0 – 25 indicate significant strengths

75 – 100 indicate significant challenges

### Cooperation and Getting Things Done

- i. Add the scores for these questions:  $1 + 10 + 19 + 28 + 37 + 46 + 55 + 64 = x$
- ii. Divide the sum of scores by 48  $x \div 48 = y$
- iii. Multiply that number by 100  $y \times 100 = \text{Your Child's Cooperation Score} = \underline{\hspace{2cm}}$

### Honesty and Integrity

- i. Add the scores for these questions:  $2 + 11 + 20 + 29 + 38 + 47 + 56 + 65 = x$
- ii. Divide the sum of scores by 48  $x \div 48 = y$
- iii. Multiply that number by 100  $y \times 100 = \text{Your Child's Integrity Score} = \underline{\hspace{2cm}}$

### Response to Correction

- i. Add the scores for these questions:  $3 + 12 + 21 + 30 + 39 + 48 + 57 + 66 = x$
- ii. Divide the sum of scores by 48  $x \div 48 = y$
- iii. Multiply that number by 100  $y \times 100 = \text{Your Child's Correction Score} = \underline{\hspace{2cm}}$

### Impulsivity and Staying on Task

- i. Add the scores for these questions:  $4 + 13 + 22 + 31 + 40 + 49 + 58 + 67 + 73 + 78 + 83 + 86 = x$
- ii. Divide the sum of scores by 72  $x \div 72 = y$
- iii. Multiply that number by 100  $y \times 100 = \text{Your Child's Staying on Task Score} = \underline{\hspace{2cm}}$

### Handling Disappointment

- i. Add the scores for these questions:  $5 + 14 + 23 + 32 + 41 + 50 + 59 + 68 = x$
- ii. Divide the sum of scores by 48  $x \div 48 = y$
- iii. Multiply that number by 100  $y \times 100 = \text{Your Child's Disappointment Score} = \underline{\hspace{2cm}}$

### Excessive Use of Electronics

- i. Add the scores for these questions:  $6 + 15 + 24 + 33 + 42 + 51 + 60 + 69 + 74 + 79 = x$
- ii. Divide the sum of scores by 60  $x \div 60 = y$
- iii. Multiply that number by 100  $y \times 100 = \text{Your Child's Electronics Score} = \underline{\hspace{2cm}}$

### Anger

- i. Add the scores for these questions:  $7 + 16 + 25 + 34 + 43 + 52 + 61 + 70 + 75 + 80 + 84 + 87 + 90 = x$
- ii. Divide the sum of scores by 78  $x \div 78 = y$
- iii. Multiply that number by 100  $y \times 100 = \text{Your Child's Anger Score} = \underline{\hspace{2cm}}$

### Anxiety

- i. Add the scores for these questions:  $8 + 17 + 26 + 35 + 44 + 53 + 62 + 71 + 76 + 81 = x$
- ii. Divide the sum of scores by 60  $x \div 60 = y$
- iii. Multiply that number by 100  $y \times 100 = \text{Your Child's Anxiety Score} = \underline{\hspace{2cm}}$

### Self-Concept

- i. Add the scores for these questions:  $9 + 18 + 27 + 36 + 45 + 54 + 63 + 72 + 77 + 82 + 85 + 88 + 89 = x$
- ii. Divide the sum of scores by 78  $x \div 78 = y$
- iii. Multiply that number by 100  $y \times 100 = \text{Your Child's Self-Concept Score} = \underline{\hspace{2cm}}$

### Parenting Stress

- i. Add the scores for these questions:  $91 + 92 + 93 + 94 + 95 + 96 + 97 + 98 = x$
- ii. Divide the sum of scores by 48  $x \div 48 = y$
- iii. Multiply that number by 100  $y \times 100 = \text{Your Parenting Stress Score} = \underline{\hspace{2cm}}$

What conclusions are you seeing from the information above? Are there any surprises? Confirmations?

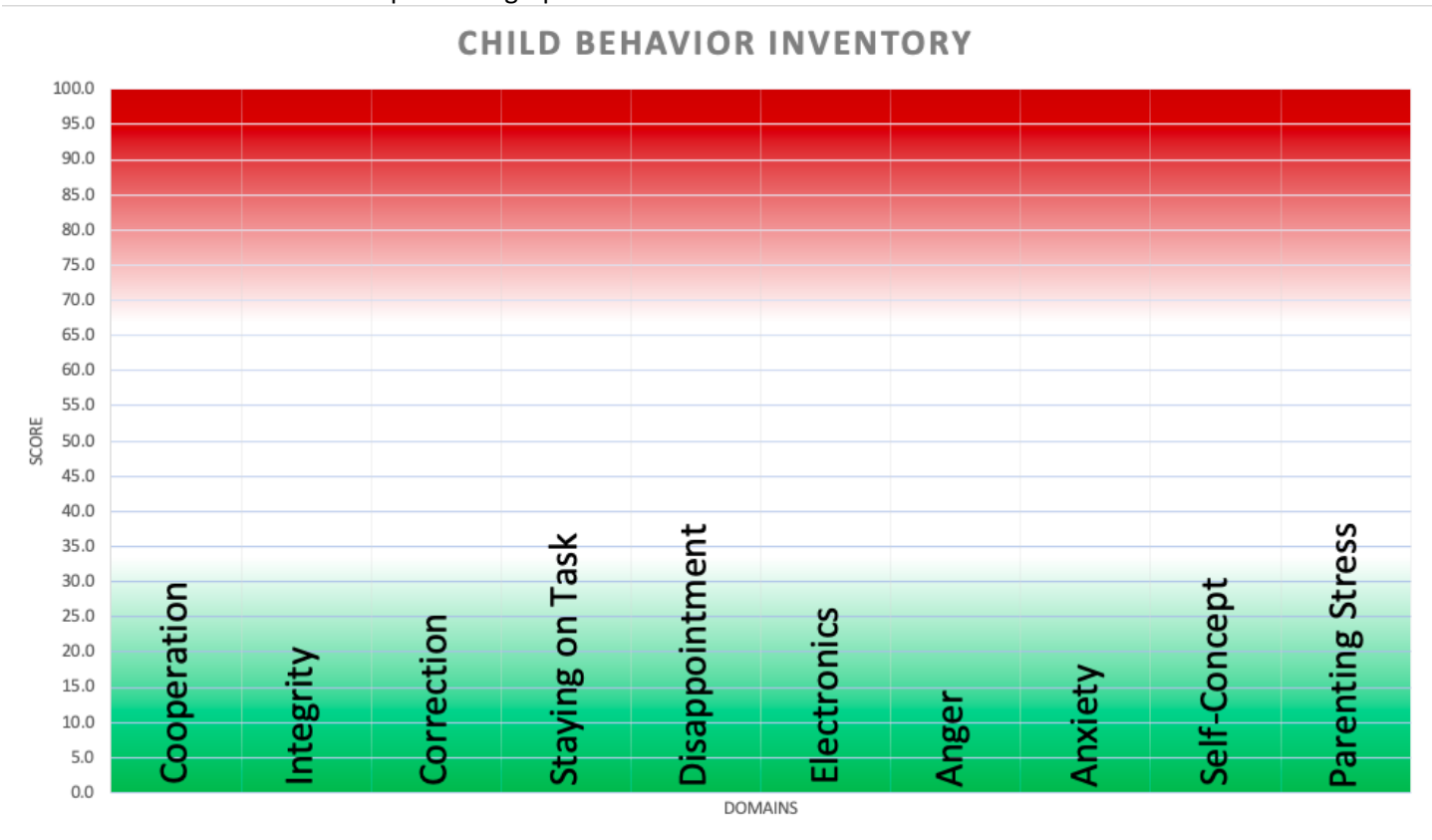


## CBI 2.2: Analyzing

1. Transfer your scores to the table below:

Cooperation and Getting Things Done
Honesty and Integrity
Response to Correction
Impulsivity and Staying on Task
Handling Disappointment
Excessive Use of Electronics
Anger
Anxiety
Self-Concept
Parenting Stress

2. Plot the results on the graph. Put a solid dot in the middle of each column.
3. Connect the dots to complete the graph.



4. Evaluate the results. Do they represent what you know to be true about your child? What strengths can you affirm in your child? What concerns need work? What other thoughts come to mind?





## CBI 2.2 Question Breakdown

Here's the breakdown of the questions in each category to evaluate your responses. Use your score and those of your spouse/ other caregivers for discussion as you seek to development specific, individualized, and realistic strategies to help your child change.

### Cooperation and Getting Things Done

1. My child initially responds negatively when asked to do a task.
10. My child delays when asked to do a task.
19. My child lacks self-initiative to do tasks.
28. My child avoids work.
37. My child does the bare minimum to get by.
46. My child shows a bad attitude when given a task.
55. My child resists following instructions.
64. My child doesn't complete tasks given.

### Honesty and Integrity

2. My child steals.
11. My child lies.
20. My child tries to get around limits.
29. My child tries to hide mistakes.
38. My child tries to hide offenses.
47. My child intentionally misrepresents the truth to get his/her own way.
56. My child exaggerates the facts.
65. My child tries to get away with doing things they know they should not be doing.

### Response to Correction

3. My child gets angry with self when corrected.
12. My child gets angry with others when corrected.
21. My child blames others instead of taking responsibility for his/her actions.
30. My child argues when corrected.
39. My child doesn't change no matter how many times I correct him/her.
48. My child has a hard time admitting when he/she has done something wrong.
57. My child has a hard time apologizing.
66. My child justifies his/her wrong behavior.

### Impulsivity and Staying on Task

4. My child is impulsive.
13. My child has a hard time with self-control.
22. My child is overly active.
31. My child is easily distracted.
40. My child has a hard time focusing on a task.
49. My child often interrupts.
58. My child is insensitive to others.
67. My child has difficulty waiting.
73. My child has trouble taking turns.
78. My child talks too loudly even when it's not required.
83. When speaking to my child, I'm not sure if he/she is listening.
86. My child spends a lot of time daydreaming.

### Handling Disappointment

5. My child has a hard time accepting no as an answer.
14. My child has strong emotional reactions when he/she does not get his/her own way.
23. My child is demanding.
32. My child is self-centered.
41. My child often wishes others would just give him/her what he/she wants.
50. My child has a hard time with being interrupted.
59. My child has a hard time dealing with unexpected changes.
68. My child is inflexible.

### Excessive Use of Electronics

6. My child is obsessed with electronic devices.
15. My child is demanding about using electronic devices.
24. My child is controlling about using electronic devices.
33. My child's anger increases the more he/she uses electronic devices.
42. My child's anxiety increases the more he/she uses electronic devices.
51. My child has a problem separating from electronic devices.
60. My child chooses electronic devices over participating in family life.
69. My child spends too much time on electronic devices.
74. My child chooses to use electronic devices over other wholesome activities.
79. My child neglects his responsibilities because of electronic devices.



## Anger

- 7. My child has intense anger episodes
- 16. My child yells when angry.
- 25. My child says mean things when angry.
- 34. My child is easily frustrated.
- 43. My child's anger impedes his/her ability to think clearly.
- 52. My child often complains, "That's not fair."
- 61. My child's anger gets in the way of his/her daily functioning.
- 70. My child takes a long time to calm down after an anger episode.
- 75. My child is destructive when angry.
- 80. My child becomes physically aggressive when angry.
- 84. My child's typical reaction to disappointment is anger.
- 87. My child has frequent anger episodes.
- 90. My child's anger is negatively affecting others in the family.

## Anxiety

- 8. My child has a hard time separating when a parent/ caregiver leaves.
- 17. My child is shy.
- 26. My child has trouble sleeping.
- 35. My child worries that bad things will happen.
- 44. My child goes to great lengths to avoid anxiety provoking situations.
- 53. My child engages in obsessive-compulsive behaviors.
- 62. My child frequently experiences body pains (e.g. headache, stomachache, nausea, breathing difficulty, pounding heart, chills, etc.).
- 71. My child is afraid for seemingly no reason at all.
- 76. My child is anxious.
- 81. My child worries about things that have already happened.

## Self-Concept

- 9. My child has a very negative view of himself/herself.
- 18. My child thinks that circumstances will never improve no matter how hard he/she tries.
- 27. My child thinks he/she is always the victim.
- 36. My child bullies others.
- 45. My child is often bullied.
- 54. My child has a hard time making friends.
- 63. My child is not well liked by peers.
- 72. My child often compares himself/herself to others.
- 77. My child beats himself/herself up when he/she fails.
- 82. My child views himself/herself as ugly.
- 85. My child believes that his/her value is dependent on his/her performance.
- 88. My child feels unloved.
- 89. My child doesn't feel valued.

## Parenting Stress

- 91. When my child acts out, I know exactly what to do/ have absolutely no idea what to do.
- 92. In handling the challenges in my home, I feel very confident/ very uncertain.
- 93. The challenges I face in parenting my child are absolutely manageable/ absolutely overwhelming.
- 94. The overall tension in my home is very low/ very high.
- 95. When faced with challenges with my child, I yell.
- 96. When faced with challenges with my child, I threaten.
- 97. When face with challenges with my child, I rely on rewards.
- 98. When I don't know what else to do, I give in to my child's demands.

**REMEMBER, you don't have to live with continual tension in your home.**  
**Children need training.**  
**You're the best trainer for your child when you have a good plan.**  
**Reduce tension and increase closeness,**  
**so that you can focus on your family's mission to benefit the world.**

Go to <https://biblicalparenting.org/> and <https://biblicalparenting.coach/>  
to look for more parenting tips and ideas to work with.

